

# Amputation – Successful Rehabilitation

Clarke Willmott LLP, Cheese Lane, Bristol – Thursday 10 October 2024

## Agenda

Session	Time	Speaker	Topic
Arrival and Registration	9:30am		
	10:00am	<a href="#">Lee Hart</a> <a href="#">Philip Edwards</a>	Welcome and introduction
1	10:10am	<a href="#">Matt Hughes</a> Prosthetist/Orthotist	<b>Limb salvage v Amputation</b> <ul style="list-style-type: none"> <li>• Issues for the patient / client</li> <li>• Medical / surgical factors (co-morbidities and pain)</li> <li>• Psychological support</li> <li>• Peer support</li> <li>• 'Prehabilitation'</li> </ul>
2	10:45am	<a href="#">Kim Pickering</a> Orthotist	<b>Orthotics</b> <ul style="list-style-type: none"> <li>• Assessment</li> <li>• As an alternative to amputation</li> <li>• In the 'prehabilitation' stage before amputation</li> <li>• Examples / case studies</li> <li>• Outcome measures</li> <li>• What's new/on the horizon?</li> </ul>
Refreshment break	11:15am		
3	11.30 am	<a href="#">Alan McDougall</a> Prosthetist	<b>Lower limb Prosthetics</b> <ul style="list-style-type: none"> <li>• Common prescriptions/provision</li> <li>• New innovations</li> <li>• The need for trials               <ul style="list-style-type: none"> <li>○ Common problems Socket issues, comfort and control</li> <li>○ Related issues (orthotics)</li> <li>○ Stump pain and Phantom limb pain</li> <li>○ Hip control</li> </ul> </li> </ul>

4	12:10pm	<a href="#">Holly King</a> Physiotherapist	<b>Post-surgery rehabilitation pathway</b> <ul style="list-style-type: none"> <li>• Intensive residential v non-residential</li> <li>• Service disparity – when to utilise the NHS</li> <li>• Common problems           <ul style="list-style-type: none"> <li>○ Poor balance, instability, fear of falling</li> <li>○ Fatigue</li> <li>○ Reduced mobility</li> <li>○ Stump viability / irritation / skin issues</li> <li>○ Body impactors</li> </ul> </li> <li>• Pain management</li> <li>• Psychological support</li> </ul>
Lunch	12:45pm		
5	1:30pm	<a href="#">Beth Cordrey</a> Occupational Therapist	<b>Occupational therapy after amputation</b> <ul style="list-style-type: none"> <li>• Accommodation</li> <li>• Environmental adaptations</li> <li>• Wheelchair needs/choices</li> <li>• Vehicles</li> </ul>
6	2:00pm	<a href="#">Clare Chiwandire</a> Case Manager	<b>“Taking my life back”</b> <ul style="list-style-type: none"> <li>• Engagement</li> <li>• Motivation</li> <li>• Return to work</li> <li>• Hobbies and pastimes</li> </ul>
7	2:30pm	<a href="#">Holly King</a> Ben Pearson	Stride Forward – Life-Changing Mentoring Programmes and Activities
Networking, drinks and nibbles	3.00pm		